



EXTRA QUARTER RULE

(Also known as the shirt rule)

The purpose of the Extra Quarter Rule is to ensure equal playing time. Ideally, every team would have 10 players and each player would play two quarters.
(10 players times 2 quarters = 20 quarters per game)

- If a team has less than 10 players for a game, players will be awarded an extra quarter.
- For each player less than 10 players for a game, there are essentially 2 extra quarters which must be distributed.
- The player(s) who are awarded the extra quarter are the player(s) who wear the number that matches that week number of the season.

Example A: It is Week #2 on the schedule and your team is missing one player. The player who wears the #2 shirt is awarded the extra quarter since it matches the week number of the season.

Example B: It is Week #2 and your team is missing two players. The players wearing shirt #2, shirt #3, shirt #4 and shirt #5 are awarded the extra quarter.

- If the absent player wears the number of that week of the season, the extra quarter will then go to the next highest number.

Example: It is Week #2 and player #2 is missing. The extra quarter is awarded to player #3. If during Week #3 a player is missing, player #3 will once again be awarded the extra quarter. In this example, player #2 will miss their extra quarter opportunity. Do not revert back.

- If there are two regularly scheduled games played in one weekend, both games are considered to be that week's number.
- Make-up games: Any game rescheduled for whatever reason, will be played as the week number originally scheduled.

Example: Week #5 games are postponed due to snow. The games are now being played during week #8. The Extra Quarter Rule applies as if the game was played in week #5.

- Overtime: During the overtime period, assuming every player has played at least two quarters, it is the coach's discretion to designate which players receive the extra time. If after the first overtime period, a second overtime period is needed, players other than those getting the extra time in overtime period one must get the extra playing time.

Example of how to award the Extra Quarter:

	Week #1	Week #2	Week #3	Week #4	Week #5	Week #6	Week #7	Week #8	Week #9	Week #10
Shirt #										X
1	X									X
2	X	X								X
3	X	X	X							
4	X	X	X	X						
5	X	X	X	X	X					
6	X	X	X	X	X	X				
7	X	X	X	X	X	X	X			
8	X	X	X	X	X	X	X	X		
9	X	X	X	X	X	X	X	X	X	
10	X	X	X	X	X	X	X	X	X	X

In Week #1, if player #8 is missing, two quarters are now available for other players. As per the rule, Week #1 = Player #1 followed by Player #2. The extra quarters will be assigned to players #1 and #2.

Using the simple fact that one full game is equal to 20 quarters:

10 players	@ 2 quarters	20 quarters			20 Quarters
9 players	@ 2 quarters	18 quarters	2 players	One extra quarter	20 Quarters
8 players	@ 2 quarters	16 quarters	4 players	One extra quarter	20 Quarters
7 players	@ 2 quarters	14 quarters	6 players	One extra quarter	20 Quarters
6 players	@ 3 quarters	18 quarters	2 players	Full game	20 Quarters
5 players	@ 4 quarters	20 quarters			20 Quarters